

WHO QUALIFIES FOR THE BASIC FOOD PROGRAM?

YOU MIGHT if:

Your monthly gross income is at or below: (Values updated every October)

One Person	\$1,805
Two People	\$2,429
Three People	\$3,052
Four People	\$3,675
Five People	\$4,299
Six People	\$4,922

Each additional person add 624

Qualifying for Food Assistance will not hurt an immigrant's chances of becoming a citizen.

You may receive deductions for:

- Child or elder care costs; child support paid.
- Rent, house payments, utilities.
- Medical expenses if elderly or disabled.



Resource limits no longer apply to most people!

Find out if you qualify!

Call for more information and to complete an application over the phone:



**425-259-9899 or
888-651-8931**

Serving all of Island, San Juan, Skagit, Snohomish, and Whatcom Counties



This material was funded in part by the USDA Food Stamp Program. Basic Food is available to all regardless of race, color, sex, age, handicap, religion, or political belief.